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Springhill News

Spring / Summer
2023

Can you be a
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Hello!

Welcome to the Spring / Summer edition of our Hospice Newsletter

Dear Springhill Supporter

Welcome to the Spring / Summer edition of our newsletter, which includes a whole host of ways to get involved in supporting Springhill.




The hospice sector is currently facing a crisis, and Springhill has hit a million-pound deficit this year due to the skyrocketing cost of living, colossal rise in energy and running costs and falling donations. This is obviously an unsustainable position and we may need to consider the unthinkable; cutting some of our vital services.

Springhill Hospice has been a lifeline to countless patients and their loved ones for the past 30 years, and all this has been made possible by this fantastic community. We completely understand how much everyone has been affected by the cost of living crisis, but every penny really does count. We obviously love it when people sign up to any of our fundraising activities or take on their own. However, a small regular gift of £3 a month or whatever you can afford, could make all the difference and enable us to continue our services.

Another way to support Springhill is to volunteer your time. Our amazing army of volunteers enable us to do so much more, and your precious time and skills mean just as much as your generous donations.

Thank you for enabling us to make every moment count for our patients.

Sam Wells
Chief Executive

-  @springhillhospice
-  @springhillhosp
-  @springhillhospice



Springhill Hospice

Broad Lane,
Rochdale, OL16 4PZ
T. 01706 649920
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Fundraising Office

Springhill at the Craven
7 Broad Lane,
Rochdale, OL16 4PG
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Chair of Trustees: Lesley Mort
Chief Executive: Samantha Wells
Registered Office: Springhill Hospice (Rochdale),
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Registered Charity N° 701798

This newsletter has been produced at no cost to Springhill Hospice thanks to the generosity of our advertisers.

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Shop with Springhill



Retail

As you may be aware, we recently took the difficult decision to close our shops in Heywood, Yorkshire Street and Whitworth in a cost-saving exercise; we want to thank all of the wonderful staff, volunteers and supporters who worked so hard to raise much needed funds for the Hospice. Many of the volunteers have gone on to volunteer in our remaining shops at the Emporium, Oldham Road, Middleton and Littleborough.

Having a presence on the high street and giving people access to quality items at affordable prices, whilst ensuring the Hospice can continue to provide care for the people of Heywood, Middleton and Rochdale remains our priority.

All our Springhill shops are still very much in need of your quality preloved donations of clothes, toys, bric a brac and books; so when you are having your next clear out please think of us and pass on your items. You will be recycling, saving the planet and supporting the Hospice all at the same time.

Emporium

Our Emporium at Jackson Corner sells a huge range of quality preloved furniture, electricals and household items. So if you are downsizing, decorating or simply fancy a change, pop in to see what we have on offer; we are open Monday to Saturday 9am to 5pm. Also, if you have larger quality furniture items you no longer need and would like to donate them to support **Springhill Hospice**, we offer a free collection service. Call **01706 522844**, or visit www.springhill.org.uk/shop-details – We just ask that items are of a good saleable quality and have fire labels.

Coffee @ the Craven

If you haven't been down to visit us at **Coffee @ the Craven**, you are missing a treat! We serve premium barista coffee supplied by **Darkwoods**, a local producer based in Yorkshire; we guarantee you will taste the difference between our coffee and the mass produced coffee served in high street chains. Alongside our hot and cold beverages, you will find a selection of mouth watering cakes as well as tempting specials and light bites. With the amazing all day Craven breakfast, and our decadent afternoon tea, there really is something for everyone.



**DARKWOODS
COFFEE**

If you'd like any more information, please visit www.springhill.org.uk/coffee-at-the-craven

With free fast wifi throughout, and enough power points for charging your devices, why not work from our home! Or if you have no time to stop and need something on the go – all our menu items and drinks are available to take away!

If you fancy lunch out with your pooch, we welcome well behaved dogs (and owners 😊) and now serve doggy ice cream! We also have a lovely outdoor area to enjoy as soon as the weather warms up. So next time you walk the dog, don't walk past, come in and introduce your furry friend to the **Coffee @ the Craven** crew.

Planning a party or event? Whether it's a child's party, wedding or business meeting, we now offer venue hire at reasonable prices; take your pick from several catering options or none at all – it's totally customisable to your requirements! Call **01706 644612** or pop in, for further information and prices.

Gift Aid

If you are a UK tax payer, you can make your donation to Springhill go 25% further, at no extra cost. The Government simply divert some of the tax you already pay to the treasury to **Springhill Hospice**. You simply need to sign a form to declare you pay tax in the UK and wish Springhill to claim **Gift Aid** on the sale of your donated items, and we will do the rest. We will even write to you letting you know how much you have raised! Next time you donate, ask about **Gift Aid**; your generous donation could raise an additional 25% for the Hospice.

giftaid it

eBay

If you prefer to shop online, then our **Springhill eBay shop** is the perfect place for you to find your next bargain! We offer a mix of clothes, jewellery, home furnishings and accessories, so head over to www.springhill.org.uk/ebay to check out all our latest treasure!



Bump, baby and beyond....

At Springhill we like to give back to our community, which is why we are considering opening a specialist bump, baby and beyond shop selling everything baby related. Prams, cots, cribs, changing stations, wardrobes, play pens, high chairs – the list goes on. We believe families should have access to quality items at affordable prices, and we would love to offer a specialist outlet; where people can come and browse at leisure, and enjoy picking out items for their little ones. As many of these items are only used for a short period of time, nursery goods are usually of a high quality with lots of life left in them. By donating to Springhill, you can give your baby items a new lease of life, help local families and support the Hospice simultaneously! If you have any pieces you would like to donate to this project, please drop them off at the **Emporium, Jackson Corner, Chichester Street, Rochdale OL16 1UD**. Please call ahead with large items on **01706 522844**. We may even be able to arrange free collection, dependant on location and quality.



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Don't worry if you can't make it to one of our shops, you can shop online with us:

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Volunteer Story: Sandy

After caring for her terminally ill mother, Catherine, for many years, Sandy Winkley was supported by the Springhill Hospice at Home team towards the end of Catherine's life.

The team provided the greatest care and compassion, allowing her Mum to experience what Sandy describes as a 'good death'; at home, with her loved ones, exactly how she wished it to be. Sandy started her volunteering journey at the Hospice shortly afterwards – although she had always known she wanted to become a Hospice Volunteer when she retired from her nursing career.

Sandy's mum, Catherine, was a Reception Volunteer at the Hospice when Springhill first opened, ensuring that Hospice life was instilled in Sandy from a young age. Sandy went on to work at the Hospice as a nurse 20 years ago and received bereavement counselling following the loss of her Mum so has first hand experience of all aspects of care the Hospice provides.

"I think that some people have the wrong idea or image of what it's like to be a volunteer at a Hospice. They might think it's depressing to be on the ward with the patients but it's not, you get so much out of it. I love supporting the patients, speaking to them and spending time with them – we have become real friends! When you're volunteering at the Hospice, you actually get more out of it than what you put in – I always feel better after a day of volunteering. The staff are so encouraging and lovely, I feel like a real part of the team."

During her time volunteering with Springhill, Sandy has covered Community, Day Therapies and Patient Companion roles – proving there **really** is an opportunity and place for everyone within the Springhill family.

"If there is anyone considering volunteering for Springhill Hospice then go ahead. You'll be welcomed and valued. It's been one of the best decisions I've made since I retired from a 45 year nursing career."

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Springhill Gardens



One of the first things people notice when they arrive at Springhill is the beauty and tranquillity of our gardens. Our Gardening Team is lead by Head Gardener Michelle Hurst, supported by our amazing volunteers, who work together to ensure all the grounds are kept blooming and beautiful.

Since joining Springhill in June 2022, Michelle's key objective was to assess the existing gardens current state and use and the potential to enhance them, before making any significant changes. *"Our ambitions for change focus on improving our service users' experience of the gardens. Many areas of our gardens have remained the same for years, and so their redevelopment will be evolutionary, and help to support the diverse therapeutic ways our community can enjoy the green spaces."*

The first area identified as needing attention was the allotment, which was overgrown with 1m high weeds, mole-hills galore and undefined growing areas. Since autumn, the team spent many hours clearing and levelling the ground, and with the generous donation of timber and screws from David Moore of WJ Lewis, and the building skills of Ethan from Willmott Dixon, we built twenty new raised vegetable planters and enclosed our large fruit cage bed. The new allotment paths were protected with weed suppressing sheets, to avoid the need for chemical weed spraying, and covered with Christmas tree chippings kindly produced by

Special Branch Tree Surgeons. These beds enable the gardening team to produce lovely organic fruit and vegetables, for the Hospice kitchen staff to create tasty and nutritional food for our patients and everyone else within the Hospice. One outstanding element remains, and that is the refurbishment of a small polytunnel – a project we hope to complete later this year once we have gathered the correct materials and expertise.

A second area, the kitchen garden outside of Day Therapies, previously consisted of a dozen raised timber beds under-utilised for growing vegetables and other foods. With the establishment of the allotment, the kitchen garden beds were made redundant, and it was decided that they should be dismantled and the materials stored for reuse elsewhere. In their place, a new wellbeing and therapeutic garden for the patients has been designed by Michelle, and approved by the Directors; the next steps are to seek grants and fundraise for the project – we cannot wait to see what the future of Springhill's grounds hold!

If you'd like to see more of the gorgeous gardens for yourself, why not pop in to our Summer Garden Celebration on Sunday 6th August, 11am to 3pm.



Springhill in the community

Springhill relies so heavily on our community, and our mission in 2023 is to make greater connections within our local areas.

Our Community Engagement Officer Jo Ali and Fundraising Assistant Elise Smith, have really enjoyed getting out and about since January, spreading the word about Springhill's many services and getting to know the people of Heywood, Middleton and Rochdale.

We have thoroughly enjoyed hosting pop up events in every kind of space, from supermarkets to health centres, all over the borough. It has been wonderful to speak with residents about their experiences of Springhill, and it is clear there is so much love within the community for the Hospice and all the care we provide.



There are however still many people within our community who are not aware of all the services we offer; something we are really keen to change, and to develop everyone's knowledge of how Springhill can help them.

Look at for our upcoming Springhill Roadshows. Throughout 2023 we will be visiting locations across the borough to talk to you about the services we provide at the Hospice, our volunteer and employment opportunities and also our fundraising events and other ways you can get involved in supporting the Hospice. Keep your eyes peeled, and if you spot us, please come and have a chat!

If you would like us to come and talk to your group, business or school please contact the Fundraising Team by emailing fundraising@springhill.org.uk or calling 01706 641790.



SPRINGHILL lottery



"You can make 2023 a year to remember for you and the patients and families I care for!"

Hilda, Senior Nurse at Springhill Hospice

You can help to ensure that end of life care and support is available for families across the borough of Rochdale by playing in our weekly Lottery. If you played Springhill's Lottery for the next year, you could help provide a patient staying at the Hospice with nutritious, home cooked meals.

THE PRIZES

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£1,000

Second Prize:
£100

Third Prize:
15 x £10

Weekly Jackpot:
£1,000

Rollover:
Up to £10,000

Superdraw Jackpot:
£5,000 (Biannual)

If you'd like to join our Springhill Lottery, please visit us online: www.springhill.org.uk/lottery or call the Lottery Office on 01706 631013.



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- Dr Mark Edmondson BDS FDSRCS (Eng)

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 **Saturday 3rd June**

 **11am to 3pm**

 **Coffee @ the Craven**
Broad Lane, Rochdale OL16 4PG

On Saturday 3rd of June,
Springhill is hosting its first ever
Food and Drink Festival!

Taking place within the grounds of our coffee shop, Coffee @ the Craven, we will play host to a range of Artisan food and drink stalls from fantastic producers – all proudly sponsored by the Quirky Catering Company.

With a DJ and live music performances all day, Little Hens childrens cookery sessions, face painting, plus a huge raffle, there really is something for everyone! We look forward to seeing you there!

Summer Garden Celebration

 **Sunday 6th August**

 **11am to 3pm**

 **Hospice Grounds**

On Sunday 6th August, join Springhill for our annual Summer Garden Celebration event, taking place in our beautiful Hospice grounds.

Take a tour of our award winning gardens in full bloom, and see all the new additions and improvements made by our Head Gardener and her team. There will also be an opportunity to buy plants and fresh produce, grown in our gardens.

A host of refreshment stalls will be available, including BBQ, asian food and our ever-popular Hospice pizza oven.

With a DJ and live music performances happening throughout the day, you're guaranteed to be entertained.

We will also have a variety of family-friendly games stalls, alongside seasonal produce from local independent sellers, and a huge Hospice raffle and tombola, with many prizes up for grabs – we can't wait to see you there!



Springhill: our care in numbers

Springhill Hospice is honoured to look after our patients, and provide them and their loved ones with the utmost care and respect. It is hard to quantify the impact we have on our patient's lives, so here is a snapshot of just some of the ways we have made a difference – between June and December 2022.

159

People cared for on the Inpatient Unit



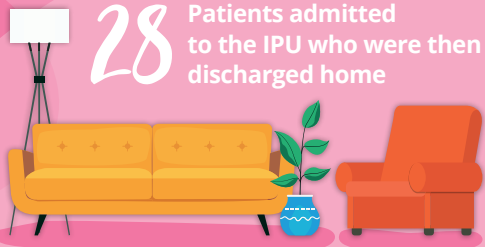
171

Patients that benefitted from bereavement support



81

Calls to our advice line



28

Patients admitted to the IPU who were then discharged home

47

inc 26 new referrals
Patients that have used our Day Therapies service



Patients supported through our Community Service or Hospice at Home

821

Community Service

145

Hospice at Home

What a 1-egg-acy!



How would you like to be remembered? For Steve Kenworthy, he wanted to leave a lasting, and unusual legacy, which would bring a smile to the fellow patients of Springhill Hospice for years to come.

Steve was diagnosed with terminal prostate cancer back in 2018, which meant his care was transferred over to the team at Springhill Hospice. Steve's beloved wife Margaret visited him every day in his time on the Inpatient Unit, where he would always tell her how delicious his daily egg at breakfast was, and what joy it brought him.

One day, Steve declared to Margaret, *"When I'm gone, I'd like you to pay for all the Hospice eggs for the next 5 years, I want every patient to be able to enjoy them as much as I have"*. Not your average type of donation, but of course Margaret agreed!

Steve passed away peacefully at home surrounded by his loving family on New Year's Eve 2018, but his time on the Inpatient Unit was not forgotten. True to her word, Margaret has paid for every egg enjoyed at the Hospice for almost four years now, and will continue to do so for as long as she can!

"I'm 82 now, but I plan to pay for the eggs for Springhill for as long as I possibly can. I'm known as 'The Egg Lady' by most people at the Hospice; it always makes me smile as I think of Steve - he'd be very happy that everyone is enjoying the eggs he loved so much!"

I think we can all agree that every donation we receive is immensely appreciated, and Margaret's donation is certainly very special indeed. Thank you Margaret, from everyone at Springhill – we are so happy that Steve's legacy lives on.



Thanks to Steve, Margaret has provided over 31,000 eggs to the Hospice over the last 4 years

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For more information please contact Fundraising on 01706 641790 (opt 1) or email fundraising@springhill.org.uk



Leave the gift of a lifetime



"A gift in your Will to Springhill Hospice is a gift to those living with a life limiting illness."

Sam Wells
Chief Executive



Where our money came from in 2021 / 2022



Investment income
£22,796



Gifts in Wills
£567,148



Donations and fundraising activities
£1,337,492

Making or amending your Will made easy

Springhill Hospice has partnered with some wonderful solicitor firms, based in Rochdale, who are happy to support in creating or amending your Will. Each month, one of our partnered solicitors waives their fee and asks you to donate to Springhill Hospice instead. Please visit www.springhill.org.uk/make-a-will

How you can get started

- 1 Plan your Will – see our Will planning checklist.
- 2 Make an appointment with a solicitor (see our partnered solicitors www.springhill.org.uk/make-a-will).
- 3 Visit your solicitor.

Checklist

- 1 Who will you consider when making or amending your Will?
- 2 What is the value of what you own?
- 3 What is the value of what you owe?
- 4 Who would you like to remember and what will you leave?
- 5 Do you want to leave the remains of your estate to loved ones? This can include charities.



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Open Events

September 2024 Admissions

Open Evening for Year 7 Entry

Thursday 29th June 2023

5.00 - 7.00pm

Sixth Form Open Evening

Thursday 2nd November 2023

6.00 - 8.00pm

Look out for our virtual open evening resources on our website later in the summer



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Fabulous Fundraisers

A huge thank you from us, we couldn't do it without you; here are some of the achievements of our fantastic fundraisers!



Giancarlo Paolucci

Giancarlo and a group of 30 of his friends and family members have recently completed the Yorkshire Three Peaks, in memory of his father Sergio Paolucci, who was cared for by Springhill Hospice.

If you would like to support Giancarlo or learn more about why he took on this challenge, please scan the QR code below.



John Fay

John recently put his nerves to the test and took on a skydive for Springhill, raising an amazing £1,254! Incredible work John!



Springhill's Skydivers

We have an astonishing 22 supporters signed up to our skydive this year. If you'd like to join them, check our website www.springhill.org.uk/skydive for dates and availability! Good luck everyone – we can't wait to see your photos.



45 mile walk Getting Together After Service

The Getting Together After Service group is setting off on a gruelling 45-mile walk; from Springhill Hospice, all the way to Blackpool Tower, to help raise vital funds for the Hospice!

Please visit their Facebook page www.facebook.com/GTASCIC/ if you would like to donate and cheer them on.

Thomas Leckenby

Thomas will be running the Manchester Half Marathon in memory of his Grandmother who passed away at Springhill. If you'd like to support Thomas, please visit his Just Giving page: Thomas Leckenby is fundraising for Springhill Hospice (Rochdale) ([justgiving.com](https://www.justgiving.com))

London Marathon runners

We have three superstar runners taking part in the London Marathon for Springhill this year; Helen McGeehan, Joanna Anderson and Ben Davies. If you would like to support them in their efforts to support Springhill please visit:



<https://2023tcsclondonmarathon.enthuse.com/pf/helen-mcgeechn>



<http://www.justgiving.com/Joanna-Anderson5>

Ben Davies is fundraising for Springhill Hospice (Rochdale) ([justgiving.com](https://www.justgiving.com))



Yorkshire Three Peaks 2023

The Yorkshire Three Peaks is a challenging full day hill walk in the Yorkshire Dales. This is a circular route, approximately 24 miles in length with an elevation gain of over 1000m. Starting and finishing in Horton-in Ribblesdale, you will climb the summits of Pen-y-Ghent (694m), Whernside (736m) and Ingleborough (723m). The challenge is to complete the walk within the allotted 12 hours, with qualified and experienced guides with you every step of the way. If you love to get outdoors, why not push yourself to do something incredible this year?

We had 50 walkers tackle the Yorkshire Three Peaks last year, which is the record to date! It raised an amazing £12,657; this amount of money could pay for one of our specialised doctors for a whole month!

<https://springhill.org.uk/how-you-can-help-us/events/yorkshire-three-peaks>

- Saturday 29th July
- Yorkshire Dales
- £30 per person
- Must be over 16

Our Corporate Hospice Heroes

Here are some examples of the great work our corporate supporters have carried out, all in aid of helping the Hospice!

Seven intrepid members of the team from **Performance Doorset Solutions**, ten from **BES** and three from **AST Hampsons** are taking on a skydive this year, to raise vital funds for Springhill. We are incredibly grateful that they are tackling this challenge and wish them the very best of luck!



H Bell and Sons were delighted to support Springhill Hospice's Head Gardener **Michelle**, with her plea for specific items for the garden. They also kindly sent us three of their staff as volunteers; **Brett, Jack and Michael**, to remove 3 vans full of timber from our old sheds, and glass from the greenhouse - all to make way for our new **Dementia Friendly Garden**. **Jewson & Abbey Architectural Ironmongery Ltd** also donated some of the items we were in need of to make Springhill's gardens the best they can be!

Wincanton is one of our newest charity partnerships and we are so excited to start working with them; They got their fundraising endeavours off to a fantastic start with a Valentine's Raffle!



One of our newest additions to the Business Buddies family, **Carl Bennion** and **Christian Elliott** from **Precision Recruitment Group** tackled the Manchester Marathon on the 16th April; we are currently waiting on the final fundraising total, but they hope to have raised £500 for us!

Meet our Business Buddies

Our Business Buddies are proud to support the Hospice, providing specialised care for the local community.

If you would like to learn more about the many benefits of joining Business Buddies, please visit www.springhill.org.uk/business-buddies

Business Buddies:

A T & Surfacing Ltd	Hopwood Hall College	PLP Construction
Albany Products	Hilton Docker Mouldings	PN Daly Ltd
AST Hampsons	Ian Madeley Assured Referrals Ltd	Precision Recruitment Group Ltd.
Bamford Contract Services	Icon Sports	Recruitment Solutions
Batch Video Agency	Ken Taylor Supplies	Reddish Training.
Bayman Atkinson Smythe	KHF Solicitors	Reside
BeeFirst Media Ltd	KT Litho	Rochdale Online
Bexan Limited	LMS Property Management	Rochdale Sixth Form College
Black Sheep Design	Logic Wealth Planning	Rochdale Training
Bluebird Care	Mark Boulton & Co Estate Agents	Roma Publications
Building Engineering Solutions Ltd	Molesworths Bright Clegg	RRG Toyota
Click Fire and Security	Myson pages.com	Sarah Graham Travel Counsellors
Coria Commercial Finance	Northern Employment Services Ltd	Simkiss Control Systems
Cullen Wealth Ltd	Office Supplies Now Ltd	Suprafit
D-Energi	Paul Smith & Co	Texchem UK Ltd
Diamond Solutions	Pennine Accounting	Thompson and Holt
Digital Telecom	Performance Doorsets Solutions Ltd.	Tomlinson Osteopaths
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H. Bell and Sons		

To find out more about Business Buddies please visit www.springhill.org.uk/business-buddies or call our Corporate and Partnerships Fundraiser, Vicki Murray on 01706 641760 or email fundraising@springhill.org.uk

Save the Date

EUROVISION sweepstake



Eurovision Sweepstake

Register with your colleagues, friends or family to be part of the first UK Eurovision in over 20 years. See if your country of choice becomes Eurovision Champion; winning pounds for you, at the same time as raising vital funds for the Hospice!

We will supply all the fundraising resources needed for you to launch your Eurovision sweepstake – good luck!

To sign up to the sweepstake, visit www.springhill.org.uk/eurovision-sweepstake

 1st April 2023 to 13th May 2023

 At your workplace



Springhill's Wine Tasting Evening

Join Springhill Hospice for the return of our much-anticipated Wine Tasting Evening!

Enjoy a fabulous evening of sampling five delicious wines from Vini Veneti, hosted by wine enthusiast Tim Fairley, alongside a delicious charcuterie platter to compliment the wine, and tantalise your taste buds.

There will also be a wine themed quiz taking place, with fantastic prizes up for grabs, as well as a raffle during the evening.

Our Wine Tasting Evening is proudly sponsored by PDS.

To book your place, go to www.springhill.org.uk/wine-tasting

 16th June 2023 18:30 - 22:00

 Coffee @ the Craven

Inspire, Achieve, Connect - with our Education Team





At Springhill, we are passionate about providing the best care and support possible, for everyone within our community who needs us. But it's not only care we specialise in; we also love to inspire others, help them to achieve new goals and connect with likeminded care individuals, through our Springhill Education Centre.

If you have a passion for palliative care or would like to broaden your skillset, and you work within a healthcare or social sector, our Education Team has the perfect course for you. With 2 large classrooms, a well-equipped library and a practical skills room with equipment to assist with mandatory training, additional courses and learning, we have everything you need to make the next step in your healthcare training journey!

Visit www.springhill.org.uk/education, call 07947 954970, or email springhill.education@nhs.net to find out more.



Dates for your Diary:

-  Oral Health Workshop
-  2nd May
-  Palliative Care Passport
-  6th, 12th and 20th July

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